



Seahaven Academy

The best in everyone™

Part of United Learning

16th September 2025

Dear Parents and Carers,

I am writing to introduce myself as the new Head of PE here at Seahaven Academy, and to share some important information regarding our PE uniform requirements. I am very excited to be leading the department and working with your children to support their physical education, wellbeing, and confidence in sport.

All students are expected to wear the full Seahaven Academy PE kit for every PE lesson. The link for this can be found here - [Uniform | Parents/ Students | Seahaven Academy](#)

This includes the following compulsory items:

- Seahaven Academy PE top
- Black football shorts, leggings or tracksuit bottoms
- PE socks (white socks or black football socks)
- Trainers suitable for indoor and outdoor activity
- Football boots and shin pads (when participating in football)

Having a clear and consistent uniform policy is important for several reasons:

- **Hygiene:** Changing into a fresh set of clothes and socks reduces the build-up of sweat and bacteria, helping students stay healthy and comfortable.
- **Health and Safety:** Proper footwear and clothing are essential to prevent slips, trips, and injuries during activity.
- **Readiness to Learn:** Changing clothes signals to students that they are entering a different part of their school day, helping them focus and engage fully in their practical PE lessons.
- **Equality:** A uniform ensures that all students are dressed appropriately and fairly, reducing the risk of distraction or comparison.

It is important that all students change into their PE kit even if they are not taking part in practical activity on a particular day (for example, due to illness or injury). This is because:

- They remain fully part of the lesson, contributing through leadership, observation, officiating, or coaching roles.
- If the weather is poor, they have dry, clean clothes to change back into afterwards.
- It supports consistency and reinforces the importance of PE as a subject.

We appreciate that sometimes there are genuine barriers, and we will always work with families to support individual needs. However, we ask for your full support in ensuring your child brings the correct PE kit to every lesson so that they can participate fully in their education.



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Our aim is to create a positive environment where all students feel prepared, confident, and able to enjoy their PE lessons. With your support, we can build strong routines that help your child succeed both in and outside the classroom.

Thank you for your cooperation and encouragement in this matter. I am really looking forward to working with the students at Seahaven Academy where we can all be the best versions of ourselves.

Yours sincerely

Mrs Sarah Newnham-Reeve
Head of PE